

***Maya and the Rising Dark: Writing Prompt 1***  
**Surprise! You're a Superhero**

Congratulations! You have been named superhero of the year for a recent act of bravery. Write a story describing what you did to win this honor. Recount the events. What did people say? How did they react? When did it happen? During the day or at night, summer, fall, winter, spring?

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the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 13.5 million (15.5% of the population).

There is a growing awareness of the need to address the needs of older people, and the Government has set out a strategy for the 21st century in the White Paper on *Ageing Better: Our Future, Our Choice* (Department of Health 2000). This paper sets out the following objectives:

- to ensure that older people are able to live independently and actively in their own homes for as long as possible;
- to ensure that older people are able to live in their own homes and communities, and are able to participate in the life of their communities;
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The White Paper also sets out a number of key principles that will guide the development of services for older people:

- *Choice* – older people should be able to choose where they live, how they live, and how they are cared for;
- *Independence* – older people should be able to live independently in their own homes for as long as possible;
- *Participation* – older people should be able to participate in the life of their communities;
- *Well-being* – older people should be able to live well, and be able to enjoy the fruits of the NHS and the wider society.

The White Paper also sets out a number of key actions that will be taken to achieve these objectives:

- *Choice* – older people should be able to choose where they live, how they live, and how they are cared for;
- *Independence* – older people should be able to live independently in their own homes for as long as possible;
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the 1990s, the number of people in the world who are under 15 years of age is expected to increase from 1.1 billion to 1.5 billion (United Nations 1998).

There are a number of reasons why the number of children in the world is increasing. One of the main reasons is that the number of children who are surviving to adulthood is increasing. This is due to a number of factors, including improved healthcare, better nutrition, and a decrease in child mortality.

Another reason why the number of children in the world is increasing is that the number of children who are being born is increasing. This is due to a number of factors, including a decrease in the age at which women are having children, and an increase in the number of children who are being born to women who are already mothers.

The number of children in the world is increasing, and this is a cause for concern. There are a number of reasons why this is a cause for concern, including the fact that the number of children who are living in poverty is increasing, and the number of children who are being abused is increasing.

There are a number of things that can be done to help reduce the number of children in the world. One of the most important things is to improve healthcare, so that more children are surviving to adulthood. Another important thing is to improve nutrition, so that more children are healthy and strong.

It is also important to reduce the number of children who are being born. This can be done by increasing the age at which women are having children, and by reducing the number of children who are being born to women who are already mothers.

The number of children in the world is increasing, and this is a cause for concern. There are a number of reasons why this is a cause for concern, and there are a number of things that can be done to help reduce the number of children in the world.

It is important to take action now, so that the number of children in the world does not continue to increase. There are a number of things that can be done to help reduce the number of children in the world, and it is important to take action now to help reduce the number of children in the world.

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***Maya and the Rising Dark: Writing Prompt 2***  
**Your Perfect Day**

Write a story about your perfect day. What would you do?  
Who would be with you? Recount the events of your perfect  
day.

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the 1990s, the number of people who have been employed in the service sector has increased rapidly in the United Kingdom.

The service sector is a large and diverse sector of the economy. It includes a wide range of activities, from retail and food services to health care and education. The service sector is also a major source of employment in the United Kingdom, with over 70% of the workforce employed in this sector.

The service sector has a high level of productivity and is a major contributor to the United Kingdom's economic growth. It is also a sector that is highly dependent on technology and innovation. The service sector is also a sector that is highly competitive and is subject to a high level of regulation.

The service sector is a sector that is highly dependent on the skills and abilities of its workforce. It is a sector that requires a high level of education and training. The service sector is also a sector that is highly dependent on the quality of its customer service.

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## ***Maya and the Rising Dark*: Writing Prompt 3**

### **Summarize Maya's Story**

Now that you've read *Maya and the Rising Dark*, summarize what happened in the story. (Hint: Break down the story in three parts: the beginning, middle, and end)

Additional Instructions: **Paragraph 1:** What happens to Maya and her friends from the beginning of the book until the end of Chapter 9? **Paragraph 2:** What happened from Chapter 10 through Chapter 19? **Paragraph 3:** What happened from Chapter 20 through Chapter 29?

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the 1990s, the number of people aged 65 and over has increased from 10.7 million to 15.7 million, and is projected to reach 22.2 million by 2025.

As the population ages, the number of people who are unable to perform activities of daily living (ADL) is expected to increase. In Hong Kong, the number of people aged 65 and over who are unable to perform ADL is projected to increase from 1.1 million in 1995 to 2.1 million in 2025. This increase is due to the increase in the number of people aged 65 and over, and the increase in the proportion of people aged 65 and over who are unable to perform ADL. In 1995, 10.7 million people aged 65 and over were unable to perform ADL, and this number is projected to increase to 22.2 million by 2025.

The increase in the number of people aged 65 and over who are unable to perform ADL is expected to have a significant impact on the health care system.

First, the number of people who are unable to perform ADL is expected to increase the demand for long-term care services.

Second, the number of people who are unable to perform ADL is expected to increase the demand for health care services.

Third, the number of people who are unable to perform ADL is expected to increase the demand for social services.

Fourth, the number of people who are unable to perform ADL is expected to increase the demand for housing services.

Fifth, the number of people who are unable to perform ADL is expected to increase the demand for transportation services.

Sixth, the number of people who are unable to perform ADL is expected to increase the demand for financial services.

Seventh, the number of people who are unable to perform ADL is expected to increase the demand for legal services.

Eighth, the number of people who are unable to perform ADL is expected to increase the demand for religious services.

Ninth, the number of people who are unable to perform ADL is expected to increase the demand for cultural services.

Tenth, the number of people who are unable to perform ADL is expected to increase the demand for recreational services.

Eleventh, the number of people who are unable to perform ADL is expected to increase the demand for educational services.

Twelfth, the number of people who are unable to perform ADL is expected to increase the demand for information services.

Thirteenth, the number of people who are unable to perform ADL is expected to increase the demand for communication services.

Fourteenth, the number of people who are unable to perform ADL is expected to increase the demand for energy services.

Fifteenth, the number of people who are unable to perform ADL is expected to increase the demand for environmental services.

Sixteenth, the number of people who are unable to perform ADL is expected to increase the demand for safety services.

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Eighteenth, the number of people who are unable to perform ADL is expected to increase the demand for justice services.

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Twenty-third, the number of people who are unable to perform ADL is expected to increase the demand for financial services.

the 1990s, the number of people in the world who are living in poverty has increased from 1.2 billion to 1.6 billion. This increase has occurred despite the fact that the world's population has grown by 1.5 billion in the same period. The number of people living in poverty has increased in every region of the world, with the largest increases in Africa and Asia.

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***Maya and the Rising Dark: Writing Prompt 4***  
**Making a Mistake**

In *Maya and the Rising Dark*, Maya's father made a mistake when he first created the veil between the human world and the Dark. He later corrected his mistake. Recount a time that you made a mistake and what you did to correct the mistake.

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of the study, the authors conclude that the results are consistent with the hypothesis that the cognitive benefits of physical activity are mediated by changes in brain structure.

There are a number of limitations to this study. First, the study was cross-sectional and therefore cannot establish a causal relationship between physical activity and brain structure. Second, the study did not measure physical activity levels over a long period of time, which may have led to measurement error. Third, the study did not measure other factors that may be associated with both physical activity and brain structure, such as diet and sleep.

Despite these limitations, the study provides valuable insights into the relationship between physical activity and brain structure. The findings suggest that physical activity may be a beneficial intervention for improving brain structure and cognitive function. Further research is needed to explore the underlying mechanisms of this relationship and to determine the optimal dose of physical activity for maximizing cognitive benefits.

In conclusion, this study provides evidence that physical activity is associated with increased brain volume and cognitive function. These findings have important implications for public health and clinical practice.

Physical activity is a simple and effective way to improve brain health and cognitive function. Encouraging people to engage in regular physical activity could have significant benefits for mental health and overall well-being. Further research is needed to explore the underlying mechanisms of this relationship and to determine the optimal dose of physical activity for maximizing cognitive benefits.

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***Maya and the Rising Dark: Writing Prompt 5***  
**What's Your Theory?**

It's the morning of the Science Fair, and Maya, Eli, and Frankie are working on a project together when the lights go out. Write a paragraph for each of the three friends explaining their hypothesis of what happened.

Additional Instructions: A hypothesis is a proposed explanation made based on limited evidence as a starting point for further investigation. (Hint: Consider each character's personality and interest when imagining their hypothesis)

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